

# Which Lane Are You In?

By Eva Starr

There are more things that can be said about the future than I have the time or the space to write about. So, I thought I'd check with Webster to see what he had to say, "of, relating to, or constituting a verb tense expressive of time yet to come." Interestingly, we spend all this time worrying about something that is yet to come. The way I see it, is that there is no such thing as the future...it is always *yet to come*.

*"When it comes to the future, there are three kinds of people: those who let it happen, those who make it happen, and those who wonder what happened."*

~ John M. Richardson Jr.

We all know about living in the now. There is only this moment. Even a past moment was a *now* moment when it occurred and a future moment will be a *now* moment when it also is occurring. So why do we let ourselves get all wrapped up in the future? Well, I guess somebody needs to be thinking about it, or do they? Let's face it; living in the now is a noble practice for staying centered and being in the moment of whatever it is you're doing. There is the reality of your children's education, if you have children. Do you not plan for that? For those of you who still have parents who are aging, do you not plan for their future? Let's forget about the kids and the parents for the moment. What about *you*?

*"The best thing about the future is that it comes only one day at a time."* ~ Abraham Lincoln

I know I'd love it if I could just sit at the beach all day looking at the ocean and digging my toes into the warm sand. Is that something one does with no thought about the future ramifications of such action? I guess if you were stranded on

"Gilligan's Island," you may do that, especially if you were Ginger. Since I haven't watched television since 1989 when my last daughter Shayna was born, I can't refer to the latest reality television shows. I've never even seen one episode of "Survivor." I'm probably way behind the times.

Am I tuned into the up-and-coming trends for the future? Absolutely not! Should I be? Maybe yes, and maybe no. I'm still trying to get through today. Yes, a part of me thinks I should be concerned with tomorrow...but then again tomorrow never comes, right? I would love it if all I had to do was think about what I'm doing right now and not give a second thought to the future. The rent needs to be paid. But do I think about how to make that happen before the first of every month? No, it's *then* that I think about it. You see, it's not as black and white as it sounds, is it?


They say live each day as if it were your last. I agree with that statement to a certain degree, but if I thought today was my last day I wouldn't be writing this article. I'd tell my publisher to forget about the deadline, I'm going to the beach. I don't think he'd be OK with that. If I knew I was going to make my transition into a better place in six weeks would I continue to do the things I need to do to so the bills get paid? Hell no! I'd spend the next six weeks visiting my friends and family, hanging out at the beach, drinking fine wine and eating at the finest restaurants. Why would I care if I knew I was going to be dead in six weeks? They (the wolves at the door) can't put together my ashes that would be spread across the Pacific Ocean now can they?

So you see, all this stuff about the future is relative, it's all open for translation and it depends on who's the translator. Edgar Cayce was able to tap into the Akashic records and predict the future so to speak, by going into a trance and seeing the medical conditions of the clients who sought his advice. This thing called time doesn't exist. The whole world is an illusion. We've already done the things we were put here to accomplish; we just don't know it yet. These are just a few of the many statements that I've pondered throughout time, whatever that is.

"Telling the future by looking at the past assumes that conditions remain constant. This is like driving a car by looking in the rearview mirror." ~ Anonymous

So my dear readers, as you drive down the road of life are you in the lane of past regrets? Are you driving in the express lane so you can get to where you *think* you may be going at record speed, or are you in the middle lane paying attention to the present moment, open to the gift?

*Eva Starr's spiritual journey has taken her coast-to-coast studying various schools of thought. Starr has recently relocated to San Diego, CA. Visit [reachforthemoon.net](http://reachforthemoon.net) for up-dates, & to be added to her mailing list. Contact Eva Starr at [evastarr24@yahoo.com](mailto:evastarr24@yahoo.com) 440-930-8865 for speaking engagements.*



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